

SPIN

⇒ INTRODUCTION

- ORBITAL ANGULAR MOMENTUM L

↳ EIGENSTATES $|l m\rangle$ (IN KET NOTATION)

$$\hookrightarrow L^2 |l m\rangle = \hbar^2 l(l+1) |l m\rangle$$

$$\hookrightarrow L_z |l m\rangle = \hbar m |l m\rangle$$

↳ $l = 0, 1, 2, \dots$ INTEGER VALUES!

$m = -l, \dots, +l$ ($2l+1$ values)

$$\hookrightarrow L_{\pm} |l m\rangle = \hbar \sqrt{l(l+1) - m(m\pm 1)} |l m\pm 1\rangle \text{ (HW)}$$

- INTRINSIC ANGULAR MOMENTUM S (SPIN)

↳ SATISFIES SAME ALGEBRA

$$[S_x, S_y] = i\hbar S_z$$

$$[S_y, S_z] = i\hbar S_x$$

$$[S_z, S_x] = i\hbar S_y$$

↳ S CAN HAVE BOTH → INTEGER VALUES
↳ HALF INTEGER

EIGENSTATES | s s_z >

s = 0, 1/2, 1, 3/2, 2, ...

s_z = -s, ..., +s

↳ S^2 | s s_z > = ħ^2 s(s+1) | s s_z >

↳ S_z | s s_z > = ħ s_z | s s_z >

↳ SPIN IS AN INTRINSIC PROPERTY OF PARTICLE

VISIBLE MATTER IN UNIVERSE IS COMPOSED OF PARTICLES OF SPIN 1/2

↳ LEPTONS (ELECTRON, MUON, TAU)

↳ QUARKS (COME IN 6 'FLAVORS'
UP, DOWN, STRANGE, CHARM, BOTTOM, TOP)

↓
MAKE UP PROTONS, NEUTRONS

⇒ SPIN 1/2

• EIGENSTATES

$$s_z = \pm \frac{1}{2}$$

$$|\frac{1}{2} + \frac{1}{2}\rangle \quad (\uparrow \quad \text{SPIN UP})$$

$$|\frac{1}{2} - \frac{1}{2}\rangle \quad (\downarrow \quad \text{SPIN DOWN})$$

IN COLUMN VECTOR NOTATION

$$|\frac{1}{2} + \frac{1}{2}\rangle \iff \chi_{\uparrow} = \begin{pmatrix} 1 \\ 0 \end{pmatrix}$$

$$|\frac{1}{2} - \frac{1}{2}\rangle \iff \chi_{\downarrow} = \begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

• SPIN OPERATOR IN MATRIX NOTATION

$$\rightsquigarrow S^2 \chi_{\uparrow} = \hbar^2 \frac{3}{4} \chi_{\uparrow}$$

$$S^2 \chi_{\downarrow} = \hbar^2 \frac{3}{4} \chi_{\downarrow}$$

$$S^2 = \begin{pmatrix} a & b \\ c & d \end{pmatrix} \quad 2 \times 2 \text{ MATRIX.}$$

$$\begin{pmatrix} a & b \\ c & d \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} = \hbar^2 \frac{3}{4} \begin{pmatrix} 1 \\ 0 \end{pmatrix}$$

$$\hookrightarrow \begin{pmatrix} a \\ c \end{pmatrix} = \hbar^2 \frac{3}{4} \begin{pmatrix} 1 \\ 0 \end{pmatrix}$$

$$\begin{pmatrix} a & b \\ c & d \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} = \hbar^2 \frac{3}{4} \begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

$$\hookrightarrow \begin{pmatrix} b \\ d \end{pmatrix} = \hbar^2 \frac{3}{4} \begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

$$\therefore \boxed{S^2 = \hbar^2 \frac{3}{4} \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}}$$

$$\rightsquigarrow S_z \chi_{\uparrow} = \hbar \frac{1}{2} \chi_{\uparrow}$$

$$S_z \chi_{\downarrow} = -\hbar \frac{1}{2} \chi_{\downarrow}$$

$$\boxed{S_z = \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}}$$

$$\rightsquigarrow S_{\pm} |s s_z\rangle = \hbar \sqrt{s(s+1) - s_z(s_z \pm 1)} |s s_z \pm 1\rangle$$

$$S_+ \chi_{\uparrow} = 0$$

$$S_+ \chi_{\downarrow} = \hbar \sqrt{\frac{3}{4} + \frac{1}{4}} \chi_{\uparrow} = \hbar \chi_{\uparrow}$$

$$\boxed{\boxed{S_+ = \hbar \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}}}$$

$$S_- \chi_{\uparrow} = \hbar \sqrt{\frac{3}{4} + \frac{1}{4}} \chi_{\downarrow} = \hbar \chi_{\downarrow}$$

$$S_- \chi_{\downarrow} = 0$$

$$\| S_- = \hbar \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$$

$$\rightsquigarrow S_{\pm} = S_x \pm i S_y$$

$$S_x = \frac{1}{2} (S_+ + S_-)$$

$$S_y = -\frac{i}{2} (S_+ - S_-)$$

$$S_x = \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$S_y = \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$$

$$\rightsquigarrow \text{NOTATION } \underline{\underline{\bar{S} = \frac{\hbar}{2} \bar{\sigma}}}$$

$\bar{\sigma} (\sigma_x, \sigma_y, \sigma_z)$: PAULI SPIN MATRICES.
(HERMITIAN)

$$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

• GENERAL SPIN STATE

$$\chi = \begin{pmatrix} a \\ b \end{pmatrix}$$

NORMALIZED $|a|^2 + |b|^2 = 1$ ($\chi^\dagger \chi = 1$)

~> $|a|^2$: PROBABILITY TO FIND χ IN χ_\uparrow STATE

$|b|^2$: PROBABILITY TO FIND χ IN χ_\downarrow STATE
EIGENSTATES OF S_z

~> WHAT ARE EIGENSTATES, EIGENVALUES OF S_x ?

$$S_x \begin{pmatrix} \alpha \\ \beta \end{pmatrix} = \lambda \begin{pmatrix} \alpha \\ \beta \end{pmatrix}$$

$$\frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} \alpha \\ \beta \end{pmatrix} = \lambda \begin{pmatrix} \alpha \\ \beta \end{pmatrix}$$

EIGENVALUES $\begin{vmatrix} -\lambda & \frac{\hbar}{2} \\ \frac{\hbar}{2} & -\lambda \end{vmatrix} = 0$
⇓

$$\lambda^2 = \left(\frac{\hbar}{2}\right)^2$$

$$\lambda = \pm \frac{\hbar}{2}$$

EIGENSTATES :

$$\begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} \alpha \\ \beta \end{pmatrix} = \pm \begin{pmatrix} \alpha \\ \beta \end{pmatrix}$$

$$\beta = \pm \alpha$$

$$S_x \chi_{\uparrow}^{(x)} = + \frac{\hbar}{2} \chi_{\uparrow}^{(x)}, \quad \chi_{\uparrow}^{(x)} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ 1 \end{pmatrix}$$

↑
NORMALIZED

$$S_x \chi_{\downarrow}^{(x)} = - \frac{\hbar}{2} \chi_{\downarrow}^{(x)}, \quad \chi_{\downarrow}^{(x)} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ -1 \end{pmatrix}$$

→ GENERAL SPINOR

$$\chi = \begin{pmatrix} a \\ b \end{pmatrix} = \frac{a+b}{\sqrt{2}} \chi_{\uparrow}^{(x)} + \frac{a-b}{\sqrt{2}} \chi_{\downarrow}^{(x)}$$

$\frac{1}{2} |a+b|^2$: PROBABILITY TO FIND χ IN $\chi_{\uparrow}^{(x)}$ STATE

$\frac{1}{2} |a-b|^2$: PROBABILITY TO FIND χ IN $\chi_{\downarrow}^{(x)}$ STATE

• EXAMPLE : SPIN $1/2$ PARTICLE IN SPIN STATE

$$\chi = \frac{1}{\sqrt{6}} \begin{pmatrix} 1+i \\ 2 \end{pmatrix}$$

DETERMINE PROBABILITIES OF MEASURING $+\frac{\hbar}{2}$ $3 - \frac{\hbar}{2}$
FOR S_x AND S_z

$$\hookrightarrow \chi = \frac{1}{\sqrt{6}} (1+i) \chi_{\uparrow} + \frac{2}{\sqrt{6}} \chi_{\downarrow}$$

$$P_{\uparrow}^{(z)} = \frac{1}{6} |1+i|^2 = \frac{1}{3}$$

$$P_{\downarrow}^{(z)} = \frac{4}{6} = \frac{2}{3}$$

$$\hookrightarrow \chi = \frac{1}{\sqrt{12}} (3+i) \chi_{\uparrow}^{(x)} + \frac{1}{\sqrt{12}} (-1+i) \chi_{\downarrow}^{(x)}$$

$$P_{\uparrow}^{(x)} = \frac{1}{12} |3+i|^2 = \frac{10}{12} = \frac{5}{6}$$

$$P_{\downarrow}^{(x)} = \frac{1}{12} |-1+i|^2 = \frac{1}{6}$$

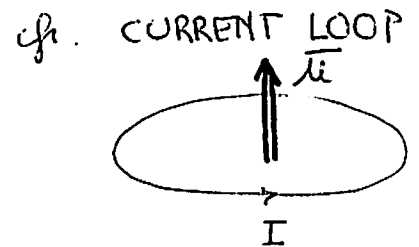
⇒ ELECTRON IN A MAGNETIC FIELD

- PARTICLE WITH SPIN IS A MAGNETIC DIPOLE

↓
HAS A MAGNETIC MOMENT $\vec{\mu}$

$$\vec{\mu} = \gamma \vec{S}$$

PROPORTIONALITY CONSTANT:
GYROMAGNETIC RATIO.



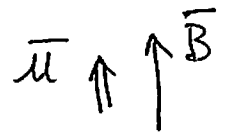
- PLACE MAGNETIC DIPOLE IN EXTERNAL MAGNETIC FIELD \vec{B}

↓
INTERACTS SO AS TO ALIGN WITH \vec{B}

⇒ INTERACTION ENERGY (HAMILTONIAN)

$$H = - \vec{\mu} \cdot \vec{B}$$

if $\vec{\mu} \parallel \vec{B}$: H IS MINIMAL



$\vec{\mu} \text{ ANTI} \parallel \vec{B}$: H IS MAXIMAL



$$H = - \gamma \vec{S} \cdot \vec{B}$$

• LARMOR PRECESSION

↳ TAKE B ALONG z-AXIS $\vec{B} = B_0 \vec{e}_z$ ← CONSTANT

$$H = - \gamma B_0 S_z = - \gamma B_0 \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

↳ EIGENSTATES OF H ARE SAME AS S_z

$\chi_{\uparrow} \rightarrow$ EIGENVALUE $E_{\uparrow} = - \gamma B_0 \frac{\hbar}{2}$ LOWEST ENERGY

$\chi_{\downarrow} \rightarrow$ EIGENVALUE $E_{\downarrow} = + \gamma B_0 \frac{\hbar}{2}$

↳ H IS TIME-INDEPENDENT

∴ SOLUTION TO TIME DEP. SCHRÖDINGER EQ.

$$H \chi = i \hbar \frac{\partial \chi}{\partial t}$$

IS SUM OF STATIONARY STATES

$$\chi(t) = a \chi_{\uparrow} e^{-\frac{i}{\hbar} E_{\uparrow} t} + b \chi_{\downarrow} e^{-\frac{i}{\hbar} E_{\downarrow} t}$$

$$= \begin{pmatrix} a e^{\frac{i}{2} \gamma B_0 t} \\ b e^{-\frac{i}{2} \gamma B_0 t} \end{pmatrix}$$

$$|a|^2 + |b|^2 = 1$$

NORMALIZATION

a, b DETERMINED FROM INITIAL CONDITION

TAKE $a = \cos \frac{\alpha}{2}$

$$b = \sin \frac{\alpha}{2}$$

$$\chi(t) = \begin{pmatrix} \cos \frac{\alpha}{2} e^{\frac{i}{2} \gamma B_0 t} \\ \sin \frac{\alpha}{2} e^{-\frac{i}{2} \gamma B_0 t} \end{pmatrix}$$

↳ EXPECTATION VALUES OF S_x, S_y, S_z OVER TIME?

$$\langle S_x \rangle = \frac{\hbar}{2} \chi^\dagger(t) \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \chi(t)$$

$$= \frac{\hbar}{2} \begin{bmatrix} \cos \frac{\alpha}{2} e^{-\frac{i}{2} \gamma B_0 t} & \sin \frac{\alpha}{2} e^{\frac{i}{2} \gamma B_0 t} \end{bmatrix}$$

$$\begin{bmatrix} \sin \frac{\alpha}{2} e^{-\frac{i}{2} \gamma B_0 t} \\ \cos \frac{\alpha}{2} e^{\frac{i}{2} \gamma B_0 t} \end{bmatrix}$$

$$= \frac{\hbar}{2} \cdot \sin \frac{\alpha}{2} \cos \frac{\alpha}{2} \left(e^{-i \gamma B_0 t} + e^{i \gamma B_0 t} \right)$$

$$2 \cos \gamma B_0 t$$

$$\langle S_x \rangle = \frac{\hbar}{2} \sin \alpha \cdot \cos(\gamma B_0 t)$$

$$\langle S_y \rangle = \frac{\hbar}{2} \chi^\dagger(t) \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \chi(t)$$

$$= \frac{\hbar}{2} \sin \frac{\alpha}{2} \cos \frac{\alpha}{2} (-i) \underbrace{\begin{pmatrix} e^{-i\gamma B_0 t} & i\gamma B_0 t \\ e & -e \end{pmatrix}}_{-2i \sin \gamma B_0 t}$$

$$\langle S_y \rangle = -\frac{\hbar}{2} \sin \alpha \sin(\gamma B_0 t)$$

$$\langle S_z \rangle = \frac{\hbar}{2} \chi^\dagger(t) \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \chi(t)$$

$$= \frac{\hbar}{2} \left(\cos^2 \frac{\alpha}{2} - \sin^2 \frac{\alpha}{2} \right)$$

$$\langle S_z \rangle = \frac{\hbar}{2} \cos \alpha$$

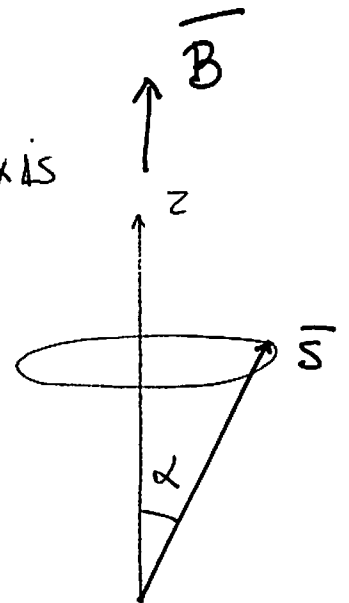
$\langle \vec{S} \rangle$ MAKES AN ANGLE α w.r.t. z-AXIS

& PRECESSES AROUND z-AXIS

WITH ANGULAR FREQUENCY

$$\omega = \gamma B_0$$

LARMOR PRECESSION



$\langle \vec{S} \rangle$ EVOLVES ACCORDING TO CLASSICAL EXPECTATIONS

STERN-GERLACH EXPERIMENT

↳ e^- IN INHOMOGENEOUS MAGN. FIELD

'POTENTIAL ENERGY' $- \vec{\mu} \cdot \vec{B}$

GRADIENT OF POTENTIAL ENERGY

↓
FORCE $\vec{F} = -\vec{\nabla} V$

FORCE ON MAGNETIC DIPOLE

$$\vec{F} = \vec{\nabla} (\vec{\mu} \cdot \vec{B})$$

$\vec{\mu}$ IS CONSTANT

(IF) \vec{B} IS CONSTANT

↓

$$\vec{F} = 0$$

↳ $\vec{B}(x, y, z) = -\alpha x \hat{e}_x + (\alpha z + B_0) \hat{e}_z$

α SMALL
INHOMOGENEITY

B_0
↑
UNIFORM

$$\vec{\mu} \cdot \vec{B} = -\alpha x \gamma S_x + (\alpha z + B_0) \gamma S_z$$

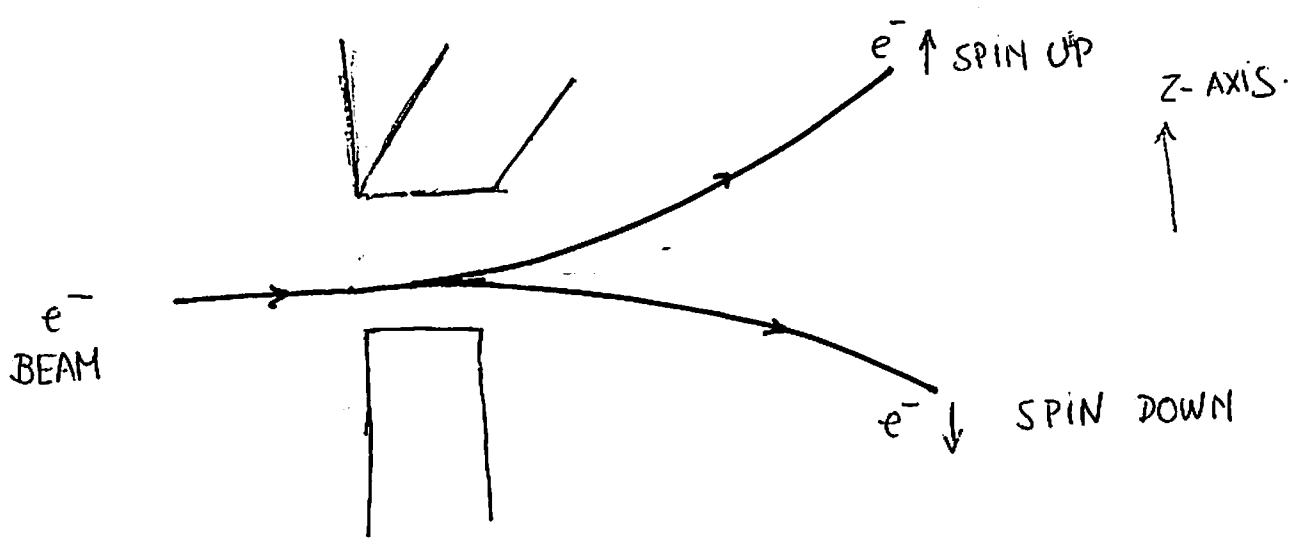
$$\vec{F} = +\alpha \gamma (-S_x \hat{e}_x + S_z \hat{e}_z)$$

$\langle S_x \rangle$ AVERAGES TO 0 OVER TIME
DUE TO LARMOR PRECESSION
AROUND B_0

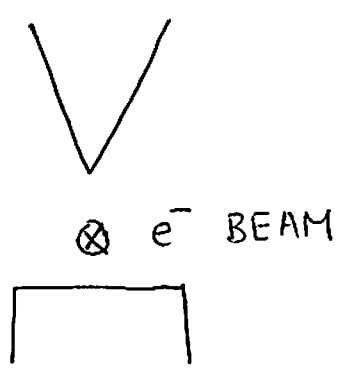
∴ NET FORCE $F_z = \alpha \gamma S_z$

DEPENDING OF $S_z = \pm \frac{\hbar}{2}$

THERE IS FORCE ON e^- WHICH PULLS IT IN
EITHER ONE OR THE OTHER DIRECTION

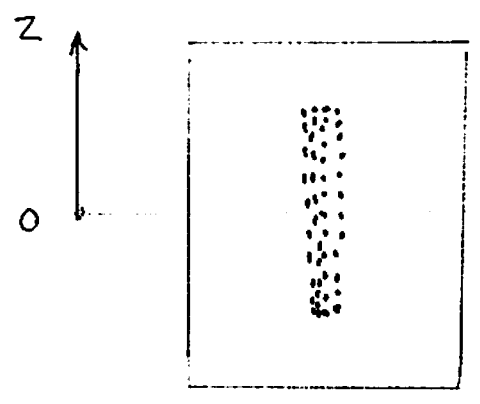


FRONT VIEW

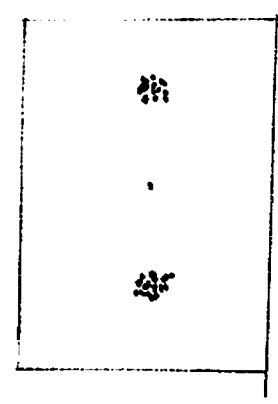


↳ EXPERIMENT DONE IN 1922
BY STERN & GERLACH (USING SILVER ATOMS
MEASURES z-COMPONENT OF SPIN) (ATOMIC BEAMS)

↙
CLASSICAL MECHANICS
ALL e^- HAVE SAME \vec{S}
WITH RANDOM ORIENTATION



↘
QUANTUM MECHANICS
ONLY 2 VALUES
OF S_z ALLOWED



BEAM SPLITS
IN 2.

⇒ ADDITION OF ANGULAR MOMENTA

↳ 2 SPIN 1/2 PARTICLES

e.g. e^- SPIN 1/2

p SPIN 1/2

(PROTON)

IN GROUND STATE ($m=1, l=0$)
OF HYDROGEN ATOM

4 POSSIBILITIES $\uparrow\uparrow, \uparrow\downarrow, \downarrow\uparrow, \downarrow\downarrow$
 $e^- p$

WHAT IS THE TOTAL ANGULAR MOMENTUM OF ATOM ?

$$\vec{S} = \vec{S}_1 + \vec{S}_2 \quad \text{VECTOR ADDITION}$$

\uparrow \uparrow
 e^- SPIN p SPIN

$$S_{1z} \chi_1 = \hbar s_{1z} \chi_1$$

$$S_{2z} \chi_2 = \hbar s_{2z} \chi_2$$

$$\hookrightarrow (S_{1z} + S_{2z}) \chi_1 \chi_2 = \hbar \underbrace{(s_{1z} + s_{2z})}_{s_z} \chi_1 \chi_2$$

$$\uparrow\uparrow \quad s_z = +1$$

$$\uparrow\downarrow$$

$$\downarrow\uparrow$$

$$\left. \begin{array}{l} \uparrow\downarrow \\ \downarrow\uparrow \end{array} \right\} s_z = 0$$

2 STATES WITH 0 PROJECTION

$$\downarrow\downarrow \quad s_z = -1$$

TOTAL SPIN CAN BE 0 OR 1

$s = 0$

$|s s_z\rangle = |0 0\rangle$

$= \frac{1}{\sqrt{2}} \{ | \uparrow \downarrow \rangle - | \downarrow \uparrow \rangle \}$

SPIN SINGLET (ANTI-SYMMETRIC)
(APPLY SPIN RAISING / LOWERING OPERATOR : HW)

$s = 1$

$|s s_z\rangle \Rightarrow |1 1\rangle = | \uparrow \uparrow \rangle$

$|1 0\rangle = \frac{1}{\sqrt{2}} \{ | \uparrow \downarrow \rangle + | \downarrow \uparrow \rangle \}$

$|1 -1\rangle = | \downarrow \downarrow \rangle$

SPIN TRIPLET (SYMMETRIC)

↳ TOTAL SPIN

$S^2 = (\bar{S}_1 + \bar{S}_2)^2$

$= S_1^2 + S_2^2 + 2\bar{S}_1 \cdot \bar{S}_2$

$\bar{S}_1 \cdot \bar{S}_2 = \frac{1}{2} (S^2 - S_1^2 - S_2^2)$

$\langle 1 s_z | \bar{S}_1 \cdot \bar{S}_2 | 1 s_z \rangle = \frac{1}{2} \hbar^2 (2 - \frac{3}{4} - \frac{3}{4}) = \frac{\hbar^2}{4}$

$\langle 0 0 | \bar{S}_1 \cdot \bar{S}_2 | 0 0 \rangle = \frac{1}{2} \hbar^2 (0 - \frac{3}{4} - \frac{3}{4}) = -\frac{3\hbar^2}{4}$

↳ COMBINING 2 GENERAL ANGULAR MOMENTA (SPINS)

$$* \quad \frac{1}{2} \uparrow \quad \frac{1}{2} \uparrow \quad \begin{array}{l} \nearrow S = 0 \quad S_z = 0 \\ \searrow S = 1 \quad S_z = -1, 0, +1 \end{array}$$

* j_1 COMBINE WITH j_2

WHAT IS RESULT ?

e.g. e^- IN $l = 1$ STATE OF HYDROGEN ATOM

$3 e^-$ HAS INTRINSIC SPIN $s = \frac{1}{2}$

WHAT IS ITS TOTAL ANGULAR MOMENTUM ? $\nearrow \frac{3}{2}$
OR
 $\searrow \frac{1}{2}$

* GENERAL RESULT :

ALL TOTAL ANGULAR MOMENTA ARE ALLOWED

FROM $|j_1 - j_2|, \dots, j_1 + j_2 - 1, j_1 + j_2$

IN STEPS OF 1

$$* \quad \bar{J}_1 \quad J_1^2 |j_1 m_1\rangle = \hbar^2 j_1(j_1+1) |j_1 m_1\rangle$$

$$J_{1z} |j_1 m_1\rangle = \hbar m_1 |j_1 m_1\rangle$$

$$\bar{J}_2 \quad \text{ANALOGOUS} \quad J_2^2, J_{2z} \text{ HAVE EIGENSTATE}$$

$$|j_2 m_2\rangle$$

$$\bar{J} = \bar{J}_1 + \bar{J}_2$$

$$\hookrightarrow J^2, J_z \text{ HAS EIGENSTATE } |JM\rangle$$

$$J = |j_1 - j_2|, \dots, j_1 + j_2$$

$$M = -J, \dots, +J$$

*

$$|JM\rangle = \sum_{\substack{m_1 \\ m_2 \\ m_1 + m_2 = M}} \underbrace{\langle j_1 m_1, j_2 m_2 | JM \rangle}_{\text{CLEBSCH - GORDON (CG) COEFFICIENT}} |j_1 m_1\rangle |j_2 m_2\rangle$$

↓
CLEBSCH - GORDON (CG)
COEFFICIENT

NOTATION : LESS USED NOTATION

$$C_{m_1 m_2 M}^{j_1 j_2 J} = \langle j_1 m_1, j_2 m_2 | JM \rangle$$

* EXAMPLE 1 . $J_1 = 1$ COUPLED WITH $J_2 = \frac{1}{2}$
ORBITAL ANGULAR MOMENTUM OF e^- SPIN OF e^-

$$J: \quad \frac{1}{2}, \quad \frac{3}{2}$$

$$\text{e.g.} \quad \left| \frac{1}{2} + \frac{1}{2} \right\rangle = \sum_{m_1} \sum_{m_2} \langle 1 \ m_1, \frac{1}{2} \ m_2 \mid \frac{1}{2} + \frac{1}{2} \rangle \mid 1 \ m_1 \rangle \mid \frac{1}{2} \ m_2 \rangle$$
$$m_1 + m_2 = \frac{1}{2}$$

$$= \langle 1 \ 0, \frac{1}{2} + \frac{1}{2} \mid \frac{1}{2} + \frac{1}{2} \rangle \mid 1 \ 0 \rangle \mid \frac{1}{2} + \frac{1}{2} \rangle$$
$$+ \langle 1 \ +1, \frac{1}{2} - \frac{1}{2} \mid \frac{1}{2} + \frac{1}{2} \rangle \mid 1 \ +1 \rangle \mid \frac{1}{2} - \frac{1}{2} \rangle$$

$$\left| \frac{1}{2} + \frac{1}{2} \right\rangle = -\sqrt{\frac{1}{3}} \mid 1 \ 0 \rangle \mid \frac{1}{2} + \frac{1}{2} \rangle$$
$$+ \sqrt{\frac{2}{3}} \mid 1 \ +1 \rangle \mid \frac{1}{2} - \frac{1}{2} \rangle$$

↓

SUM OF SQUARES OF CG COEFF. IS 1
(BECAUSE LEFT IS NORMALIZED TO 1)

e.g.
$$| \frac{3}{2} + \frac{3}{2} \rangle = \sum_{m_1} \sum_{m_2} \langle 1 m_1, \frac{1}{2} m_2 | \frac{3}{2} + \frac{3}{2} \rangle$$

$$m_1 + m_2 = + \frac{3}{2} \quad | 1 m_1 \rangle | \frac{1}{2} m_2 \rangle$$

$$= \underbrace{\langle 1+1, \frac{1}{2} + \frac{1}{2} | \frac{3}{2} + \frac{3}{2} \rangle}_{1} | 1+1 \rangle | \frac{1}{2} + \frac{1}{2} \rangle$$

$$| \frac{3}{2} + \frac{1}{2} \rangle = \dots \text{ (WORK IT OUT YOURSELF) }.$$

* ALSO WORKS IN REVERSE WAY

$$| j_1 m_1 \rangle | j_2 m_2 \rangle = \sum_J \sum_M \langle j_1 m_1, j_2 m_2 | JM \rangle | JM \rangle$$

$$J = |j_1 - j_2|, \dots, j_1 + j_2$$

e.g.

$$| \frac{3}{2} \frac{1}{2} \rangle | 1 0 \rangle = \sqrt{\frac{3}{5}} | \frac{5}{2} \frac{1}{2} \rangle$$

$$+ \sqrt{\frac{1}{15}} | \frac{3}{2} \frac{1}{2} \rangle$$

$$+ -\sqrt{\frac{1}{3}} | \frac{1}{2} \frac{1}{2} \rangle$$